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Dr. Nandi Long Bio

Dr. Partha Nandi M.D., F.A.C.P is the creator and host of the Emmy award--winning medical lifestyle television show, "Ask Dr. Nandi" which airs weekly on Discovery Life Channel and in syndication weekdays in over 90 million homes daily across the US and in 90 countries worldwide. Dr. Nandi is the Chief Health Editor at ABC Detroit and a practicing physician in Metro Detroit. After immigrating from Calcutta, India to the United States at the age of 9, Dr. Nandi and his family moved to Columbus, OH, where he pursued his dream of becoming a health hero, graduating at the top of his class with a medical degree from Wayne State University. Dr. Nandi has been in practice as a gastroenterologist for more than 20 years, currently practicing full--time in Detroit, MI. He is the author of several publications in peer reviewed journals. Dr. Nandi has a diverse background. Born in Calcutta India, he immigrated to the United States as a child. At the age of 16, he completed his high school education in Columbus, Ohio where he was awarded a full academic scholarship to The Ohio State University and University of Notre Dame. To remain closer to his family, he chose Ohio State. Partha graduated summa cum laude (Top 1% of the class), a member of Phi Beta Kappa honor society, with a Bachelor's degree in chemistry and a minor in classical Greek civilization. Dr. Nandi also served as the Rhodes Scholar representative from Ohio State and was voted the Homecoming King, amongst 55,000 students enrolled at the time. Partha then traveled to Detroit, Michigan to obtain his medical degree at Wayne State University. At Wayne State, he was a member of Alpha Omega Alpha honor society and graduated in the top 10% of the class. He also completed his internal medicine training at Wayne State University, where he was the intern of the year. He completed his gastroenterology fellowship at the University of Michigan in Ann Arbor, Michigan.

Dr. Nandi is a national speaker, educating physicians on various topics within medicine. He is a patient advocate, emphasizing empathy in patient care and treatment of the entire patient, both body and mind. Dr. Nandi has also partnered with the Ministries of Health Jamaica and India, and collaborated with The World Health Organization, meeting with global health leaders and speaking at international conferences and symposia on his quest to improve healthcare quality, access and advocacy; to empower the world in his mission, "To Be Your Own Health Hero."

In September 2017 Dr. Nandi became an international best-selling author with his first book Ask Dr. Nandi, 5 Steps to Becoming Your Own Health Hero for Longevity, Wellbeing and a Joyful Life, from North Star Way an imprint of Simon & Schuster.

Dr. Nandi Short Bio

Dr. Partha Nandi M.D. is a practicing physician, international best-selling author and host of the Emmy award--winning medical lifestyle show "Ask Dr. Nandi" which airs weekly on Discovery Life Channel and in syndication daily in over 90 million homes in the US and 90 countries. Dr. Nandi travels the globe speaking on How To Be Your Own #HealthHero which includes his no nonsense approach to food & fitness, how he combines Eastern & Western philosophies and the science behind the amazing health benefits of spirituality, mindfulness and community.

Dr. Nandi Medical Bio

Partha S. Nandi, M.D., F.A.C.P. is American Board of Internal Medicine certified in Gastroenterology and Internal Medicine. He performed his undergraduate studies at Ohio State University, where he graduated summa cum laude. Dr. Nandi obtained his medical degree at Wayne State University, where he graduated with distinction. He also completed his Internal Medicine residency at Wayne State University. His three-year Gastroenterology fellowship was completed at the University of Michigan. Dr. Nandi has a special interest in therapeutic endoscopy and endoscopic ultrasound. He is the author of several peer reviewed publications and lectures residents and fellow physicians regarding topics in gastroenterology and hepatology. Dr. Nandi performs all diagnostic and therapeutic endoscopic procedures. He is a member the American Medical Association, the American College of Gastroenterology, the American Gastroenterology Association and the American Society of Gastroenterological Endoscopy. Dr. Nandi is on staff at William Beaumont Hospital in Troy.