

# PARTHA NANDI MD FACP



**"Who is Dr. Nandi?  
A medical mentor  
with warmth,  
empathy and  
compassion.  
He pioneers  
transformative  
health care by  
empowering  
individuals to "Be  
Your Own Health  
Hero".**

# Dr. Nandi's Mission

Designed to educate, inspire and empower, Ask Dr. Nandi is an internationally syndicated medical lifestyle television show whose mission is to improve the health of America and the world with compassion, empathy and integrity.



## The Dr. Nandi Brand

Dr. Nandi advocates an individualistic approach, emphasizing empathy in patient care and a focus on the importance of the mind-body

- connection for wellness
- Dr. Nandi is a nationally trusted physician who is a patient advocate.
- Dr. Nandi believes in putting the power of health care in the hands of the patient.

A WELLNESS BRAND | [ASKDRNANDI.COM](http://ASKDRNANDI.COM)



# DR. NANDI

How a little boy born in Calcutta, India survived rheumatic heart disease to become one of the leading patient advocates in the United States.

Partha Nandi M.D., F.A.C.P is the creator and host of the medical lifestyle television show, "Ask Dr. Nandi," available in syndication, on DISH Network and DirectTV, and in multiple countries around the world. Dr. Nandi is also the Chief Health Editor at WXYZ (ABC) Detroit, a practicing physician and a renowned international speaker. The real essence of the man: his compassion for the sick and helpless, his passion for nutrition, fitness and strong family interrelationships as the cornerstone of lifetime good health, has its genesis in that sick, frightened and bedridden 6-year-old. Precocious from the start, Dr. Nandi's earliest years were fueled by curiosity and fortitude; he led the active lifestyle of a happy little boy. But at the tender age of 6, Partha suddenly developed devastating joint pains that left him lethargic and withdrawn. His concerned parents quickly set out to determine what was seriously wrong with their once flourishing young son. From traditional to alternative doctors, no one had answers, but Partha's mother embraced the role of health advocate, and insisted he visit a specialist.

It was then that Dr. Nandi would encounter his first Health Hero in Dr. Chandrasekhar, a specialist in Bangalore, India. Charismatic and warm, Dr. Chandrasekhar instantly put Partha at ease, however delivering a very serious diagnosis. Dr. Nandi had rheumatic fever, a potentially life threatening disease of the joints and heart. Immediately hospitalized, Dr. Nandi spent the next 10 days in the hospital, where another health hero emerged, his father who remained at his bedside with uplifting support for the duration of his hospital stay. Though released from the hospital, Dr. Nandi remained on bed rest for a year before making a full recovery. This would be Dr. Nandi's first introduction to health care. It was his father's loving strength and the empathy and knowledge from Dr. Chandrasekhar that inspired Partha's lifelong mission, to be a hero like they were to him in the direst of times. To educate and empower individuals and their families to "Be Your Own Health Hero."

After immigrating to the United States at the age of 9, Dr. Nandi and his family moved to Columbus, OH, where he pursued his dream of becoming a health hero, graduating at the top of his class with a medical degree from Wayne State University. Dr. Nandi has been in practice as a gastroenterologist for more than 20 years, currently practicing full-time in Detroit, MI. He is the author of several publications in peer reviewed journals. Dr. Nandi has partnered with the Ministries of Health Jamaica and India, and collaborated with The World Health Organization, meeting with global health leaders and speaking at international conferences and symposia on his quest to improve health care quality, access and advocacy.

Who Is Dr. Nandi? A doctor with genuine empathy for patients, born of his own health trials, who sees the potential for all of us to "Be Your Own Health Hero."

# How Dr. Nandi is Unique

Each Dr. Nandi Show episode focuses on one health-related topic, imparting to the public specific medical knowledge on each subject.

The United States spends trillions annually on preventable diseases. Ask Dr. Nandi encourages people to be their own Health Hero and take preventative steps for optimal quality of life.

Ask Dr. Nandi teaches disease prevention through nutrition and fitness, incorporating the best of Eastern and Western medicine.

Dr. Nandi presents practical health and lifestyle information that empowers individuals to take control of their healthcare decisions.



# Dr. Nandi Show Distribution

240 Episodes Airing throughout the US



Airing in more than 80 Countries



wellbeing network

UK & Poland



Middle East & Northern Africa



lifestyle NETWORK

Canada



StarTimes  
Throughout Africa



thehomechannel  
Dstv Channel 176



# Chief Health Editor

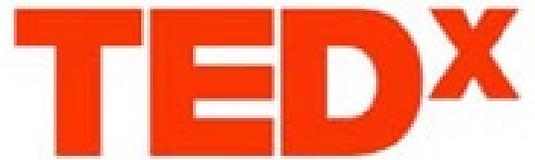


Dr. Nandi delivers breaking health news  
6-8 times a week on



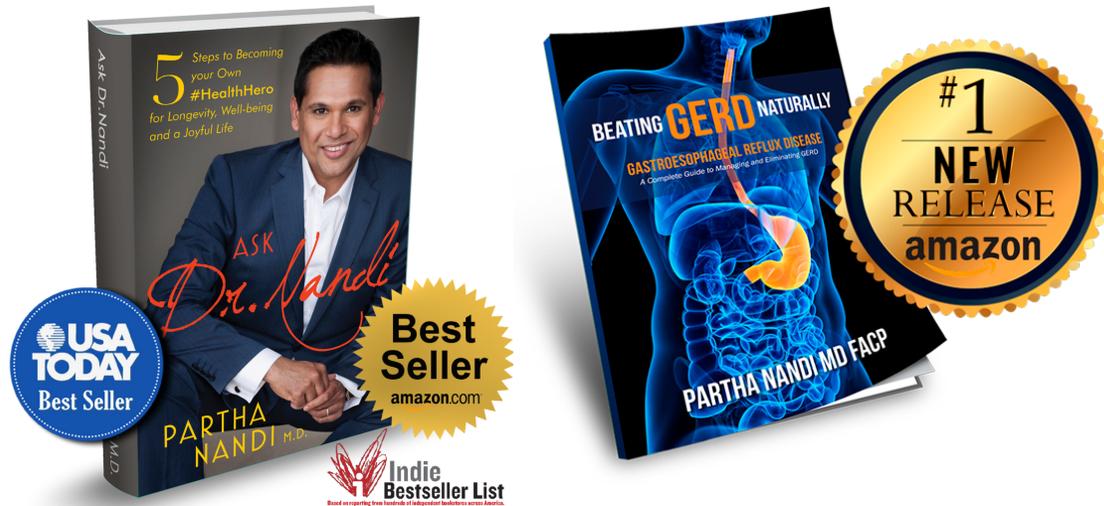
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# DR. NANDI In The Media



# Best Selling Author

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# Social Media Influence

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1.5 Million Engaged Followers



Over 219,000 Followers



Over 219,000 Followers



1.4 Million Views

# Website Traffic

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34,000 Hits a Week

More Than 4,800 hits a day

# International Speaking

Throughout the U.S. Australia, Dubai,  
France, India, Portugal, Romania,  
South Africa & UAE



# Cooking With Dr. Nandi



## Good Health Is Delicious!

Dr. Nandi and his wife Kali take the stage at venues across the country, teaching people the importance of eating healthy while preparing a variety of delicious and nutritious meals in front of a live audience.

# "BE YOUR OWN HEALTH HERO"

~DR. NANDI 



AskDrNandi.com

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